



Franciscan Spiritual Center

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Events of Franciscan Interest

FRANCISCAN SOLITUDE EXPERIENCE

Helen Budzik OSF
Jean Ustasiewski OSF
February 12-15, 2010
Arrival: 6:30 p.m.-7:00 p.m.
Departure: 3:00 p.m.
\$170 (\$50 deposit)

This experience invites you to *sit at the feet of Jesus* as you enter into solitude, based on the Gospel images of Martha and Mary as described by St. Francis of Assisi in his Rule for Solitude. This solitude experience offers an opportunity to be deeply attentive to Jesus while sharing your experience with others who seek peace and quiet in their busy lives. Those attending this experience will be residing in the hermitages while meals and common prayer will be in Clare House.

FRANCISCAN SOLITUDE EXTENDED EXPERIENCE

June 14-21, 2010
Arrival: 6:30 p.m.-7:00 p.m.
Departure: 10:00 a.m.
Helen Budzik OSF and Jean Ustasiewski OSF
\$350 (\$75 deposit)

See **FRANCISCAN SOLITUDE EXPERIENCE** (above) for a description of this longer solitude experience.

CELTIC SPIRITUALITY: JOURNEY OF A CELTIC HEART

March 23, 2010
5:30 p.m. - 8:00 p.m.
Carmel Boyle
\$25 (includes 5:30 P.M. dinner) \$16 (program only 6:30 P.M.)

You are invited to take a symbolic pilgrimage of the heart to the sacred places on your own soul's journey. This pilgrimage will be inspired by Celtic themes, Celtic saints and sacred sites in Ireland. Presenting in a reflective atmosphere with song, meditation, ritual and gentle movement, Carmel Boyle, renowned singer/songwriter and recording artist of spiritual songs, will facilitate the evening.

GUIDED RETREAT:

"SPREAD GREAT TABLECLOTHS"-- HOSPITALITY AS AN EVANGELICAL OPTION

July 5 - 12, 2010
Clare D'Auria OSF
\$340 (\$75 deposit)

This guided retreat will offer us the invitation to reflect on and pray with our own experience of table-sitting and its implications for choosing hospitality as a response to the Gospel call to live in right relationships as sister and brother. Through a process of engagement with passages from the Gospel of Luke and significant events in the lives of Saints Francis and Clare of Assisi, we will be led to discover how to create a welcoming space where all, especially the stranger, can find a place of belonging. Please bring your Bible. All other readings will be provided.

MINI SABBATH:

CREATIVE CONTEMPLATION

July 16 - August 6, 2010
Michael Laratonda FMS and Guest presenters
\$1,800

This three-week mini-sabbath will attempt to explore and encourage "developing and claiming" a contemplative stance "from the Center/Source" -- GOD.

Participants will be encouraged to "be still and know". . . to come aside during their Sabbath time. . . to spend time with self, others, and God in an emotionally safe and sacred environment. Mornings will be devoted to workshops/presentations: journaling, creative writing, psychosynthesis, art as contemplation, ways of praying, dreams, living with gratitude, etc. Afternoons and evenings are free (with options offered). Available as options (and encouraged choices): art work, exercise, massage, body prayer, film, poetry, quiet time, personal reading, journaling, group dream work, etc.