

Upcoming Events:

March, 2010

Tues. & Thurs. 6:30 p.m. **Yoga**

Tues. 10:00 a.m. **Bible Study**

Wed. Mar. 3, 7:00—9:00 p.m. **Just Faith**

Beginning new 8 week session

Fri.—Sat., March 12-13, **Pottery Retreat**

Cancelled

Sat. Mar. 20, 10:00 am

Sat. Morning Prayer Group (open to public).

Fri.—Sat., March 26-27,

Forgiveness Retreat

Presented by Fr. Frank Murd,
& Sr. Roberta Doneth, OSF, Tiffin
(Full and commuter rates available)

April, 2010

Tues. & Thurs. 6:30 p.m. **Yoga**

Tues. 10:00 a.m. **Bible Study**

Sat. Apr. 17, 10:00 am

Sat. Morning Prayer Group (open to public)

Fri.—Sun., April 23-25,

Listening to the Music of Creation Retreat

Global Spirituality

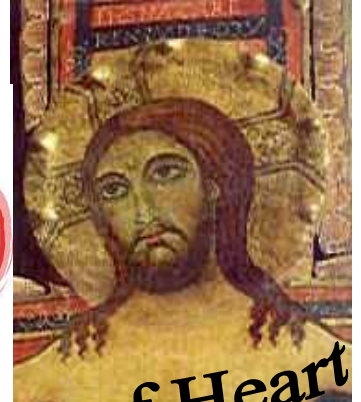
Presenter: Carrol Marozzi, CSJ

Sat. & Sun., April 24-25,

Spirit Space Gallery & Gifts

Annual Spring Fling and Open House

Lent



Change of Heart

I have called you by name—come!

Reflection:

Penitencia—Lent

Lent can give rise to memories of childhood—not eating candy, no desserts for dinner, praying the family rosary and other small sacrifices we faithfully practiced those 40 days while anxiously waiting for Easter. Lent is a time of penance. Both St. Francis and St. Clare of Assisi used the term penance or *penitencia* often in their writings. However they used it in two ways. Penitential practices are sacrifices, actions that challenge us and cause us to think and act differently. We do them in order to repent and change our way of acting. It always amazes me how some people actually stop smoking for six weeks and then promptly return to it as Easter arrives. The second definition of penance and the one our Franciscan founders used much more often means “a change of heart”. It is a turning, a *metanoia*—learning to think and act more as Christ shows us in the Gospels. Where is Lent leading you? Are the practices you have chosen leading you to a conversion of heart?

Sister Roberta Marie Doneth, OSF
Spiritual Director/ Administrator